

Howdy Friends,

Many of you have written because of your concerns about the economy and world conditions in general. Well, I'm the wrong person to ask about things like that as I have little knowledge of world economics. However, I may have a bit of experience with changing energy.

As most of you know, our work is based on a few simple principles.

All things are composed of energy and the intelligent mind can direct energy

Energy is impressed upon matter

**Energy follows thought** 

If we think of a past event that causes us to become angry, we are likely to create a feeling of anger.

If we think of a past event that was fearful, we will create fear.

If we think of a past event that was funny, we will laugh.

Ok, so what happens when we regularly read papers and magazines telling us how bad things are? TV news makes a stronger impression on our mind.

When we buy into the opinions and commentaries of those in the news media, we are letting them tell us what to think. It seems that many people have either forgotten how to think or perhaps they never learned, so they let someone else do their thinking for them. We are affected by what we hear, see and experience, whether we like it or not.

So how do we stop being influenced by the bad news?

Here is how I do it.---- Don't listen to it.

On most any situation I ask, "Will my life be better or worse because of this?"

If the activity is not in your best interest, then do something else that is in your best interest. OR if you feel a need to watch TV may I offer a few suggestions.

Use your dowsing and check the integrity of the newscaster. Check the value of the information. Ask if the information has a positive or negative effect upon you. If negative, use your dowsing to neutralize the effect upon you. Yes, you can do this because the intelligent mind can direct energy.

Since we are influenced by what we hear, it is important to create a circle of friends who support each other.

A few years ago, I decided to try an experiment and focused on a few close friends to encourage them and help them in whatever way was needed. They in turn, did the same for me. The results have been very positive for all of us. At least two of them went from terrible financial condition to being prosperous. Others achieved various degrees of success. There were no losers in this experiment. It was a WIN – WIN for everyone.

You can do the same thing. It is what we call, "Pooling our mental resources." When we combine our energies to work on a project, we seem to be able to get better information and success. You don't need a lot of people involved. It is important that you work ONLY with people with whom you are compatible. Dowse to check your compatibility. Avoid people who cause disruption in your projects as well as whiners and complainers.

Ok, so you want to make a difference but don't know what to do. Well, here is what I do.

Each morning and evening I focus on TRANSMUTING FEAR, GREED, CORRUPTON AND ABUSE INTO FIFTH DIMENSIONAL ENERGY.

ANY SITUATION YOU BECOME AWARE OF, THAT IS HARMFUL TO THE LIVES OF YOU, YOUR FAMILY AND FRIENDS CAN BE CHANGED INTO SOMETHING MORE POSITIVE.

You can practice on a variety of things. You can practice transmuting fear into courage, hate into love, aggressiveness into peace, depression into joy, you get the idea . If you have good intent, it is highly unlikely that you would do any harm.

Remember, if you do nothing—nothing will happen. If you do something—something will probably happen.

Raymon

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